

Four Corners Loop (Two options)

OPTION 1

For a total of 24.8 mi, 1,490 ft climbing

- Head north on the Golden Gate Bridge into Sausalito. On other side of the bridge, exit parking lot (up hill) and take a right (down hill)
- L at stop sign (Sausalito Lateral Rd.) and go through tunnel. Follow this road down into Sausalito, which eventually turns into Bridgeway along the bay.
- Stay on Bridgeway until you can pick up the bike path on the right at Sausalito Cyclery
- Stay on bike path until you get to the soccer fields.
- L off the bike path on to Sycamore Avenue, where the public bathroom sign is. (**THIS IS BEFORE Blithedale Ave!**)
- Follow Sycamore Ave through Mill Valley neighborhoods, approx. 1.5 miles
- L at E. Blithedale Ave.
- L at Throckmorton
- Stay left around central Mill Valley shopping area and stay on Throckmorton.
- L into Old Mill Park (on Old Mill St.)
- R on Cascade Dr.
- L on Marion Ave. -- Climbing begins here!
- R on Edgewood Ave -- Continue climbing!
- Stay left on Sequoia Valley Rd. to "Four Corners", the intersection of Sequoia Valley Rd, Panoramic Hwy and Muir Woods Rd. (**For longer ride, see option 2 below at this point!**)
- At four corners, turn left on Panoramic Hwy to Shoreline Hwy (Hwy 1)
- L at Shoreline Hwy -- Watch fast descent!
- Take Shoreline Hwy all the way to the first stop light at Tamalpais Valley Junction
- L on Almonte Blvd. (light)
- Go about 0.75 mile and catch the bike path on the right back to SF.

OPTION 2 (From "Four Corners" intersection)

For a total of 30.6 miles and 2,000 feet of climbing

- From "Four Corners," head straight on to Muir Woods Rd. and descend to Hwy 1, approx. 4.2 miles
- Where Muir Woods Rd meets Hwy 1, turn left (you will pass the Pelican Inn on the right) and begin gradual climb (2.6 miles) up Shoreline Hwy (Hwy 1).
- Take Shoreline Hwy all the way to the first stop light at Tamalpais Valley Junction
- L on Almonte Blvd. (light)
- Go about 0.75 mile and catch the bike path on the right back to SF.