

# Detailed Alpine Dam Loop Route Description\*\*

**Distance: 55 mi**

**Profile: 3,120 ft climbing and 3,070 ft descending**

Level: Velo Girls describes this route as “advanced” due to the amount of climbing and quick descending from Mt. Tam. Climbs to note: 4.5-mile sustained climb from Fairfax to descent into Dam; 2.3 miles sustained climb from Dam to Ridgecrest; 3.8 miles of rolling hills, aka the Seven Sisters (atop Mt. Tam).

**START/FINISH:** South side of Golden Gate Bridge (circular planter near gift shop)

Head north on the Golden Gate Bridge into Sausalito. On other side of the bridge, exit parking lot (up hill) and take a right (down hill) L at stop sign (Sausalito Lateral Rd.) and go through tunnel. Follow this road down into Sausalito, which eventually turns into Bridgeway along the bay.

Stay on Bridgeway until you can pick up the bike path on the right at Sausalito Cyclery

Stay on bike path until you get to Blithedale Ave

L on Blithedale Ave.

R on Camino Alto. Climb hill and descend into Corte Madera.

**REGROUP** at bottom of hill past the stop sign (intersection of Corte Madera Ave and Redwood Ave)

Continue on Corte Madera Ave, which becomes Magnolia Ave

At intersection of Bon Air Rd., stay left. Magnolia Ave becomes College Ave (there is an optional bike path on the right that parallels College Ave for a short while).

L at Kent Ave (before College of Marin -- turns into Poplar Ave in town of Ross)

L at Townhall/Lagunitas Rd

R at Shady Lane

R at Bolinas Ave

L at San Anselmo Ave (through downtown San Anselmo)

L at San Anselmo Ave (before Sir Francis Drake Blvd.)

L on Center Blvd (through downtown Fairfax)

**REGROUP** at The Coffee Roastery in Fairfax on the left

Continue up Bolinas Road (becomes Fairfax-Bolinas Road) – climb, climb, climb for about 4.5 miles to the dam!

**REGROUP** at the Alpine Dam Bridge

Begin 2.3 mile climb out of the dam to Ridgecrest Blvd.

L at Ridgecrest Blvd and begin the unrelenting rollers of the Seven Sisters on Mt. Tam.

R at Pan Toll Rd and begin descent!

**REGROUP** at Pan Toll Station. At the stop sign, go straight into the parking lot. There are bathrooms and water.

From the Pan Toll Parking lot, turn R at Panoramic Highway and continue descent to “Four Corners”

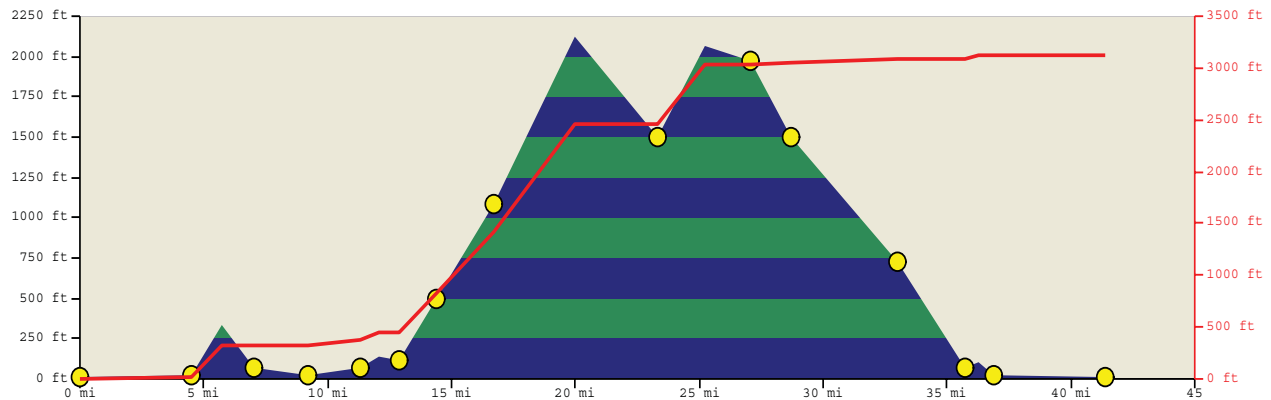
L at Sequoia Valley Rd. Follow this road down. (This road turns into Edgewood Ave, then Molino Ave)

L at Montford Ave

R at Miller Ave (watch for bike path on the other side of the road)

R on to bike path toward San Francisco.

From here, take bike path into Sausalito and reverse directions back to San Francisco and finish!



Distance: 41.4 miles Climb: 3,120 ft Descent: 3,070 ft  
(data exact at nodes, interpolated elsewhere)

Accumulated feet climbed

\*\*Route description and profile provided by www.Klimb.org.